

WALSALL



NHS

Black Country Healthcare
NHS Foundation Trust

NETBALL COACHING WITH REFLEXIONS

Join us for a two hour session of netball and discussions around how physical activity can help support our mental health!

Ages 11+



Monday 28th July
12:00pm - 2:00pm

Grace Academy Darlaston
4 Herberts Park
WS10 8QJ



For additional information or brief sign up form to register your attendance for this event, please email

bchft.reflexions@nhs.net