

# WEEK 3

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> ♻️ Served with Potato Wedges	<b>Cottage Pie</b> ❤️ Served with Gravy	<b>Roast Pork</b> Served with Roast Potatoes and Gravy	<b>Chinese Chicken and Vegetable Rice</b> 🌱❤️	<b>Southern Fried Chicken</b> Served with Chips
	<b>Chilli No Carne with Crispy Tortilla</b> ♻️ 🌱❤️ Served with Wholegrain Rice	<b>Cauliflower Macaroni Cheese</b> ♻️ 🌱❤️ Served with Garlic and Herb Bread	<b>Sweet Potato and Chickpea Roast</b> ♻️ ❤️ Served with Roast Potatoes and Gravy	<b>Sweet and Sour Vegetables</b> ♻️ 🌱❤️ Served with Wholegrain Rice	<b>Crispy Quorn Nuggets</b> ♻️ Served with Chips
All main meals are served with two vegetables					
DESSERT	<b>Vanilla Sponge And Custard</b>	<b>Strawberry Jelly</b>	<b>Orange Drizzle with Fruit</b> 🍊	<b>Pineapple Upside Down Cake with Custard</b>	<b>Chocolate Ice Cream with Shortbread Biscuit</b>

**PACKED LUNCH AVAILABLE**  
 Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

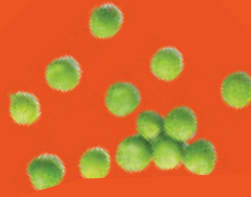
# THREE WEEK MENU

## AUTUMN/WINTER 2023

OUR NEW MENU  
 CHOSEN BY  
 PARENTS AND  
 CHILDREN



YOUR  
 FAVOURITES  
 AVAILABLE  
 EVERY DAY



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

# WEEK 1

W/C: 30/10, 20/11, 11/12, 22/01, 04/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> ♻️ Served with Potato Wedges	<b>Classic Beef Burger</b> Served with Potato Wedges	<b>Roast Chicken</b> Served with Roast Potatoes and Gravy	<b>Beef Bolognese</b> 🍷❤️ Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
	<b>Stir Fried Vegetable Rice</b> ♻️ 🍷❤️	<b>Vegetarian Burger</b> ♻️ Served with Potato Wedges	<b>Vegetable Pastry Roll</b> ♻️ Served with Mashed Potato and Gravy	<b>Vegetarian Bolognese</b> ♻️ 🍷❤️ Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Crispy Quorn Nuggets</b> ♻️ Served with Chips
All main meals are served with two vegetables					
DESSERT	Chocolate Brownie	Crispy Crackle Bar with Fruit 🍌	Banana Cake 🍌	Original Flapjack	Vanilla Ice Cream

# WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> ♻️ Served with Potato Wedges	<b>Turkey Con Chilli</b> 🍷❤️ Served with Wholegrain Rice	<b>Roast Turkey</b> ❤️ Served with Roast Potatoes and Gravy	<b>Sausage Pasta Bake</b> 🍷❤️ Served with Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
	<b>Vegetarian Cottage Pie</b> ♻️ 🍷❤️ Served with Gravy	<b>Macaroni Cheese</b> ♻️	<b>Cheesy Leek and Carrot Crumble</b> ♻️ 🍷❤️ Served with Roast Potatoes and Gravy	<b>Vegetarian Sausage Pasta Bake</b> 🍷❤️ ♻️ Served with Garlic and Herb Bread	<b>Crispy Quorn Nuggets</b> ♻️ Served with Chips
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard 🍌	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake 🍌	Strawberry Ice Cream

**PACKED LUNCH AVAILABLE**  
 Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
 Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 🐟 Oily Fish 🍷 Wholegrain 🍌 Fruity! ❤️ Nutritionist's Choice